ZONING for a healthy city

city of north vancouver

Zoning and Health

The built environment plays a key role in the health of our communities. The City of North Vancouver and the Metro Vancouver region are growing, and the built environment will have to accommodate a larger population. This presents a number of challenges and opportunities.

With an increasing population along with an aging population, we want to focus our efforts on creating communities for current and future residents that support inclusion, accessibility and healthy lifestyles and reduce environmental risks.

As, we explore opportunities to support residents' health and wellbeing through a new Zoning Bylaw, we can also consider key resources such as the Social Determinants of Health as outlined by the World Health Organization. Social Determinants of Health are the conditions in which we are born, grow, age, live and work.



Key Things to Know

Social Determinants of Health

These relate to an individual's place in society, such as income, education or employment. Experiences of discrimination, racism and historical trauma are important social determinants of health for certain groups such as Indigenous Peoples, LGBTQ2S+ and Black Canadians.

- Income and social status
- Employment and working conditions
- Education and literacy
- Gender
- Culture
- Race / Racism

Social and economic influences on health

Broad range of personal, social, economic and environmental factors that determine individual and population health.

- Childhood experiences
- Physical environments
- Social supports and coping skills
- Healthy behaviours
- Access to health services
- Biology and genetic endowment

Poverty

	City of North Vancouver	British Columbia
Age 0-5	9.6%	11.2%
Age 65+	15.7%	13.7%

According to the 2021 Census:
1 in 10 people in the City of North Vancouver are experiencing poverty

Inadequate access to food

~10% of people in the City do not have adequate or secure access to food due to financial constraints

Health & Equity

BC Centre for Disease Control estimates that approximately **75% of our overall health** is determined by social and ecological factors, such as our **working and living conditions, built environmental** and **educational opportunities**.

These factors strongly affect rates of chronic disease and injury, which lead to different levels of health and wellbeing, particularly for those who are most marginalized.









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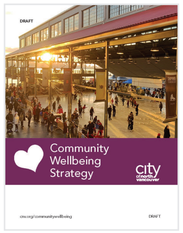
city of north vancouver

Policy Snapshot

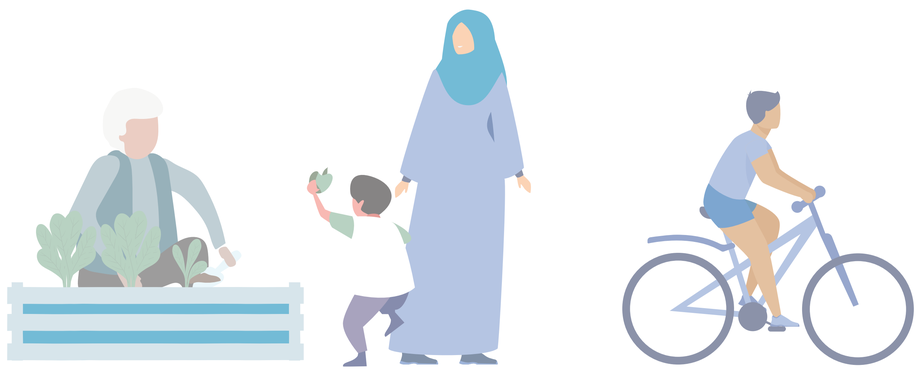


The Metro 2050 Regional Growth Strategy (2022) identifies key locations for future growth in the City of North Vancouver and:

- sets out strategies to support the development of resilient, healthy, connected and complete communities; and
- recognizes that healthy communities include spaces for community, art, cultural, recreational, institutional, medical/health, social service, education and child care facilities.



The City's new Community Wellbeing Strategy (in-progress) will replace the City's existing Social Plan (1998). The Strategy will focus on creating a City where everyone belongs and has the opportunity to thrive. This will include topics like complete and age-friendly communities, housing, poverty reduction, and equity, inclusion, diversity, and accessibility.



Unlocking Opportunities

The Zoning Bylaw Update will explore opportunities to promote health and wellbeing through:

- building features that support both planned and spontaneous interactions with neighbours;
- building features and amenities to help integrate physical fitness at work, school and home, building upon the City's Active Design Guidelines (2015);
- setting standards for new development to contribute to a healthy public environment;
- improving access to new and existing public spaces, placemaking amenities and community facilities; and
- improved access to healthy foods with local food production, distribution and more opportunities for neighbourhood shops.

> **"Community wellbeing is the combination of social, economic, environmental, health, cultural, and political conditions that are essential for individuals and communities to flourish and fulfill their potential. Which at the heart of it is about your health, happiness, quality of life, and opportunity to thrive."**

City of North Vancouver Community Wellbeing Strategy (in-progress)







